

# Let's Discuss...Worship

## PART 3\_Not Feeling It & New Discoveries

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the video



### Scriptures mentioned:

*Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess His name.*

Hebrews 13:15 NIV

*Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise Him, my salvation and my God.*

Psalms 43:5 ESV

*Call to me and I will answer you and tell you great and unsearchable things you do not know.*

Jeremiah 33:3 NIV

### Hey Group Leaders!

Consider this flow for the study time together with your small group:

1. See if anyone wants to share on what came up for them as they reflected on this since the last gathering:

This week, look for opportunities to be more available and attentive to God's presence in your everyday routines. If it helps, consider using visual reminders such as sticky notes, a wallpaper on your phone, or a personal item (such as a ring or bracelet) as a cue to re-ground yourself in an attentiveness to Him. Notice, what effect does this intentionality have on you - your mood, efforts, thoughts, etc.?

2. Watch this week's video, **Let's Discuss...Worship PART 3\_Not Feeling It & New Discoveries**.
3. Choose a couple of the "Let's Discuss..." questions below to discuss in your group.
4. Go over this week's reflection prompt with your group.
5. Choose someone in your group (try to pick someone different each week) to close in prayer, using the prompt below as a guide. Additionally, see if there are any other prayer requests amongst the group and allow your group members the opportunity to pray for each other.

## Summary

How can we worship when we don't feel like it? We chat about how the moments and seasons when we choose to offer a "sacrifice of worship" - even in the midst of struggle, hardship, or suffering - are often the most significant and formative in our relationship with God. We also talk about how it's ok to wrestle with worship song lyrics that we don't understand or agree with, the value of processing questions in community, and the lifelong journey of discovery that worship invites us into.

## Let's Discuss...

- Have you had a season when you didn't "feel like" worshipping God? How did you respond to that lack of motivation and what was the outcome?
- The term "sacrifice of praise" comes from Hebrews 13:15. Read Hebrews 13:11-16. What is the context in which this term is used? What is the meaning of these verses? It may take more than one reading or conversation to fully grasp this. Passages like this invite us into an ongoing journey of prayerful curiosity - and a conversation is a great place to start!
- How can we cultivate safe spaces for people to open up with honest questions related to their faith?
- Is there any specific worship song, lyric, something you've heard in church, or Bible verse that you struggle to understand or agree with? What are your current thoughts on it?

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- Has there ever been a time when you believed something about God or the Scriptures, and realised you were wrong? How did you gain this clarity? Did this realisation have any affect on your spiritual journey?
- How does it make you feel to know that there will always be more to learn (and maybe unlearn!) and discover in your walk with God?

## Let's Pray...

*Call to me and I will answer you and tell you great and unsearchable things you do not know.*

Jeremiah 33:3 NIV

- Let's invite God to use the highs, lows, and in-betweens of our lives as catalysts for greater intimacy with Him as we learn to offer Him our honest worship in every season. May He give us faith to worship even when we don't feel like it, courage to ask hard questions, and a heart that remains open to discovering more of who He truly is.

## Let's Go Deeper...

- **Desiring God** by John Piper [book]
- **Another In The Fire - Song Story** by Hillsong UNITED [video]
- **'Amazing grace' is 250 years old. Here's the story behind the song** by Simon Baker/ Premier Christianity [article]
- **Scripture 01: Rethinking our relationship with the Bible** by Practicing the Way [video]